

## England Korfball Performance Pathway: Invitation to attend DTS Open Trials.

On Sunday 8th September at UEA Sportspark we will be hosting a Development Training Squad training session for existing and **prospective** DTS players. The DTS programme is the penultimate stage in the England Korfball Performance Pathway. For more details about the programme please see the information below.

### Key Information:

#### Dates:

Sunday 8th September, UEA SportsPark

Timings: 11am-5pm. Please arrive by 10.30am.

#### Competitions & Eligibility:

- To be an athlete in the DTS you need to be aged 17 Years by 1st January 2025.
- The squad selected will be no more than 32 athletes. Selection is based across a number of metrics, observations and assessments made by coaches for elite athlete korfball potential.
- The focus of this squad is to develop elite training habits and to support our ETS Squads for international success.
- For 2024/2025, athletes in the DTS will attend 8 single day training camps plus 1 x Selection camp.
- Any Academy athletes who wished to be assessed for DTS selection should continue in the Academy programme and will be assessed for selection through session attendance as normal. All eligible Academy athletes will automatically be considered for DTS selection.
- Any non Academy athletes and non Student athletes who also wish to join the Performance programme and trial for DTS need to register their interest for DTS by attending the DTS Session on Sunday 8th September by registering via the following link: <https://buytickets.at/englandkorfball/1328443>
- Athletes will be selected based on a wide range of observable and tested metrics.
- The Performance Programme, across all pathways, adopts a policy of '*Multiple Eyes across Multiple Domains*'. This means that a larger coaching team will be observing you during the trials, and the trials themselves will be filmed for coaches to re-reference players on an individual level afterwards. Coaches present will be looking at a range of metrics which include, but are not limited to:
  - Athleticism
  - Decision Making
  - Technical skills (evasion, rebounding, shooting, defending)
  - Tactical Skills

- Communication
- Teamwork
- Coaches will also be using a variety of metrics to observe athletes. This again includes but is not limited to:
  - Matches
  - Training sessions
  - Feedback from Club/Regional Academy coach
  - Feedback from EK Pathway coaches
- England Korfball is aware of maturational and experience differences at these age groups and works very hard to account for/minimise other factors including Relative Age Effect.

### Further Information:

- The DTS Programme will continue to deliver the following aspects of Youth Athlete Development:
  - Use of High Performance Environments
  - Externally led Athlete Education sessions by industry professionals
  - Access to an Athlete Development Training Programme designed by our Athletic Development Lead
  - Coaching focussed on an athlete centred approach led by a team of experienced and qualified coaches.
  - Competition opportunities (National and International) based on pillars of Development and Performance which are matched to the developmental needs of the athletes
  - The programme strongly welcomes the attendance of youth coaches and teachers of those in attendance.
- The cost for being part of the Academy Programme in 24/25 will be £240 which can be paid in instalments or as a one off fee.

### The dates and known locations for the 24/25 Performance Programme are:

Date	Academy	DTS	ETS
05/10/2024	x	x	Trinity School Croydon 2pm-6pm
26/10/2024	Trinity School Croydon 12pm-5pm	ACS Egham International School 10am-3pm	x
14/12/2024	David Ross Sports Village 11am-5pm	David Ross Sports Village 11am-5pm	David Ross Sports Village 11am-5pm
25/01/2025	UEA 11am-5pm	UEA 11am-5pm	UEA 11am-5pm
15/02/2025	Location TBC	Location TBC	Location TBC
15/03/2025	Location & date TBC	Location & Date TBC	Trinity School Croydon 12pm-5pm

25/05/2025	x	Trinity School Croydon 12pm-5pm	x
31/05/2025	ACS Egham International School 12pm-5pm	x	x
08/06/2025	UEA 11am-5pm	UEA 11am-5pm	UEA 11am-5pm
26/07/2025	University of Birmingham 12pm-5pm	University of Birmingham 12pm-5pm	University of Birmingham 12pm-5pm

The performance pathway works very hard to make venues and locations spread across the player base to aid accessibility for all athletes. With a number of university and club players coming from around the country, notably an increase from west and south west, venues have been secured to provide maximum accessibility and spread for all.

**Kit:**

Please bring with you the following:

- Korfball training kit, shoes and any specialist supports (eg ankle braces)
- 1 x Black training top
- 1 x Red OR White training top
- There are water fountains on site, but please bring your own water bottle
- Small periods of rest/break will be taken during the session, but it is advised you eat before the session something more substantial

**If you wish to attend trials, then there will be a £20 fee to cover additional hall hire and you need to sign up via the following link:**

<https://buytickets.at/englandkorfball/1328443>

If you have any queries regarding the session, please email [stephanie.watson@englandkorfball.co.uk](mailto:stephanie.watson@englandkorfball.co.uk)

Thank you.

Stephanie Watson  
Performance Programme; Pathway Coordinator  
**England Korfball**