

## England Korfball Performance Pathway: Invitation to attend National Academy Open Trials.

On Sunday 8th September at UEA Sportspark we will be hosting an Academy training session for existing and **prospective** Academy players. The Academy programme is the second stage in the England Korfball Performance Pathway. For more details about the programme please see the information below.

### Key Information:

#### Dates:

Sunday 8th September, UEA SportsPark

Timings: 11am-5pm. Please arrive by 10.30am.

#### Competitions & Eligibility:

- To be an athlete within the Academy Programme 24/25 you need to be aged 15 years and no older than 17 years old by January 2025.
- The Academy will seek to develop approximately 32 athletes across these age groups.
- Athletes will be selected based on a wide range of observable and tested metrics.
- The Performance Programme, across all pathways, adopts a policy of '*Multiple Eyes across Multiple Domains*'. This means that a larger coaching team will be observing you during the trials, and the trials themselves will be filmed for coaches to re-reference players on an individual level afterwards. Coaches present will be looking at a range of metrics which include, but are not limited to:
  - Athleticism
  - Decision Making
  - Technical skills (evasion, rebounding, shooting, defending)
  - Tactical Skills
  - Communication
  - Teamwork
- Coaches will also be using a variety of metrics to observe athletes. This again includes but is not limited to:
  - Matches
  - Training sessions
  - Feedback from Club/Regional Academy coach
  - Feedback from EK Pathway coaches
- The focus of this part of the pathway is to develop athletes holistically towards DTS Performance.

- England Korfball is aware of maturational and experience differences at these age groups and works very hard to account for/minimise other factors including Relative Age Effect.
- The competitive offering has been evaluated to maximise opportunities for both developmental competition exposure and performance competition. As such Academy athletes are eligible for the following competitions this year:

- Friday 1st-Sunday 3rd November: 2 x U17 International Flanders, Belgium, Ghent**
- TBC (Early July): 1 x U17 IKF U17 World Cup**
- International Friendlies TBC**

**Further Information:**

- The Academy Programme will continue to deliver the following aspects of Youth Athlete Development:
  - Use of High Performance Environments
  - Externally led Athlete Education sessions by industry professionals
  - Access to an Athlete Development Training Programme designed by our Athletic Development Lead
  - Coaching focussed on an athlete centred approach led by a team of experienced and qualified coaches.
  - Competition opportunities (National and International) based on pillars of Development and Performance which are matched to the developmental needs of the athletes
  - The programme strongly welcomes the attendance of youth coaches and teachers of those in attendance.
- The cost for being part of the Academy Programme in 24/25 will be £240 which can be paid in instalments or as a one off fee.

**The dates for the 24/25 Performance Programme are:**

Date	Academy	DTS	ETS
05/10/2024	x	x	Trinity School Croydon 2pm-6pm
26/10/2024	Trinity School Croydon 12pm-5pm	ACS Egham International School 10am-3pm	x
14/12/2024	David Ross Sports Village 11am-5pm	David Ross Sports Village 11am-5pm	David Ross Sports Village 11am-5pm
25/01/2025	UEA 11am-5pm	UEA 11am-5pm	UEA 11am-5pm
15/02/2025	Location TBC	Location TBC	Location TBC
15/03/2025	Location & date TBC	Location & Date TBC	Trinity School Croydon 12pm-5pm

25/05/2025	x	Trinity School Croydon 12pm-5pm	x
31/05/2025	ACS Egham International School 12pm-5pm	x	x
08/06/2025	UEA 11am-5pm	UEA 11am-5pm	UEA 11am-5pm
26/07/2025	University of Birmingham 12pm-5pm	University of Birmingham 12pm-5pm	University of Birmingham 12pm-5pm

Venues and timings (usually 11am-5pm) will be confirmed in September.

**Kit:**

Please bring with you the following:

- Korfball training kit, shoes and any specialist supports (eg ankle braces)
- 1 x Black training top
- 1 x Red OR White training top
- There are water fountains on site, but please bring your own water bottle
- Small periods of rest/break will be taken during the session, but it is advised you eat before the session something more substantial

**If your son/daughter wishes to attend trials, then there will be a £20 fee and you need to sign up via the following link:**

<https://buytickets.at/englandkorfball/1328443>

If you have any queries regarding the session, please email [stephanie.watson@englandkorfball.co.uk](mailto:stephanie.watson@englandkorfball.co.uk)

Thank you.

Stephanie Watson  
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**England Korfball**